Learning Styles Profile

Rate each of the following on the basis of 1 to 4.

1=least like you; 2=a little like you 3=quite a bit like you; 4=most like you

Learning Style #1

Do you:

Like to write? 1

Like to learn new words? 2

Like to tell stories? 2

Enjoy reading? 1

Give good directions to others so that they understand the first time? 2

Have a good memory for names, dates, facts? 1

Enjoy making or hearing puns? 1

Enjoy metaphors? 2

**Total score 12**

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Learning Style #2

Do you:

Like to work with computers and calculators? 2

Enjoy math class? 1

Easily add numbers in your head? 1

Enjoy doing science experiments? 3

Ask a lot of questions about how things work? 4

Enjoy chess, checkers, or other strategy games? 1

Enjoy logic puzzles or brainteasers? 1

Like to go by steps, from A to B to C, rather than jumping from A to D? 4

**Total score 18**

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Learning Style #3

Do you:

Read maps, charts, or diagrams more easily than text? 1

Build interesting three dimensional constructions (like LEGO buildings or others)? 1

Prefer to draw pictures rather than tell stories? 1

Find your way to a new place easily? 4

Like to take things apart and then try to figure out how to put them back together? 4

Doodle a lot on notebooks? 3

Visualize the back side of an object from looking at the front? 4

Estimate distances between objects easily? 1

**Total score 19**

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Learning Style #4

Do you:

Find activities like riding a bike, skating, or walking on a balance beam easy? 2

Run, swim, and exercise without getting tired? 1

Learn to play new sports easily and quickly? 1

Learn a new dance step easily and quickly? 1

Use a lot of hand gestures and body movements when talking to friends? 4

Like touching things you’ve just seen? 2

Cleverly mimic other people’s gestures or mannerisms? 4

Move, tap, or fidget while seated for a long time in one spot? 4

**Total score 19**

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Learning Style #5

Do you:

Enjoy playing a musical instrument? 1

Listen to music a lot? 4

Hum or sing a lot? 4

Tell people when music sounds off-key? 1

Have a good singing voice? 1

Remember the melodies of songs? 3

Sing harmony? 1

Compose music in your head or on paper? 1

**Total score 16**

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Learning Style #6

Do you:

Like to work and/or play with others? 3

Understand how people are feeling by looking at their faces? 4

Give advice to friends who have problems? 4

Have a good sense of empathy or concern for others? 2

Seem to be street-smart? 1

Seem to be a natural leader on teams? 3

Get energy from being with people rather than being alone? 4

Feel that several minds working on something are better than one? 2

**Total score 23**

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Learning Style #7

Do you:

Often need a quiet place to work or just be alone? 4

Like to make collections of things that have special meaning for you? 1

Remember your dreams? 3

Display a sense of independence or strong will? 4

Have a realistic sense of your own strengths and weaknesses? 4

Accurately express how you are feeling? 4

Have an interest or a hobby that you don’t talk much about? 1

Get energy from being alone rather than being with people? 2

**Total score 23**

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Learning Style #8

Do you:

Enjoy collecting bugs, flowers, or rocks? 1

Like to closely examine what you find in nature? 2

Keep detailed records of your observations of nature? 1

Like to watch natural phenomena like the moon/tides and hear explanations about them? 1

Become fascinated with one thing from nature and want to learn about it thoroughly? 2

Want to find out the name of a bird or a bug you’ve seen? 1

Like to classify things? 1

Want to become a geologist, biologist, or some other type of scientist? 1

**Total score 10**